Framework
For your future

Position: **Befriender/Mentor**

Role Description

Framework supports thousands of people each year to live happier, more independent lives, regardless of their past or the challenges they face.
This is a great opportunity to join Framework's befriending and mentoring programme. Your role will be crucial to this programme as you will help individuals that experience isolation access social activities within the community and help broaden their social network. You will also volunteer alongside keyworkers to assist people to achieve specific goals that they have identified.

Skills/Qualifications:
-You will be friendly and outgoing, but behave in a professional way at all times
-You will be committed to supporting people to set and reach their personal goals

No formal experience required, just a willingness to help others!

Main Responsibilites

Each volunteer will meet regularly with their allocated service user at a time which suits them both and help them to access and undertake agreed activities. These may be attending meetings or appointments, helping with daily tasks such as shopping, or simply having a cuppa and a chat.

Commitment

This will depend on how much spare time you have to commit to the role and the service's needs.
We require a minimum of 4 - 8 hours weekly or fortnightly. A minimum commitment of 6 months is also required. We will endeavour to find a placement that suits your availability.
You would need to attend an interview and a two-day training session before beginning your volunteering. These would occur on a weekday.

Support Offered

You will be fully supported by a Volunteer Supervisor. Time will be committed to your personal development and will include supervision, support, and training plans. Out of pocket expenses will be paid. This includes travel costs, lunch and child/other care. We will do all we can to support you in achieving your goals through volunteering, whatever they may be.

For more information about this position please contact the volunteering team on:
Tel: **0115 8504107** Email: **volunteering@frameworkha.org**

