## SHOPPING LIST CHALLENGE

- You have £10 to spend. Tick the things that you would buy!
- You can't afford everything... so choose carefully.
- Some things are essentials, some are nice treats, and some are luxuries.

## List A – Everyday Groceries (£10 budget)

Loaf of bread £1.50	U A
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2 pints of milk £1.50	
Apples (6 pack) £2.00	
Bananas (5 pack) £2.00	/
Orange juice (1L) £2.00	
Broccoli £1.50	
Carrots (bag) £1.00	(C)
Potatoes (bag) £2.50	
Rice (1kg) £3.00	50
Pasta (1kg) £2.50	
Cereal £2.00	
Cheese £2.50	• • •
Pack of sausages £3.00	
Fish fingers (10 pack) £3.00	
Big bar of chocolate £2.50	
Packet of biscuits £1.50	
Bottle of cola £2.00	
Crisps multipack £2.50	
Frozen pizza £3.00	
Birthday cake £8.00	
Smoothie pouch £2.00	
XBox game £40.00	3
Pokémon cards £4.00	0
Teddy bear £6.00	

## List B - Moving into a New Home (£10 budget)

Item	Price (£)	Tick	
Pillow	£4.00		
Blanket	£5.00		
Bed sheets	£6.00		
Towel	£4.00		
Plate + bowl set	£3.00		
Cutlery set	£2.00		
Washing-up liquid & sponge	£2.00		
Cleaning spray	£3.00		
Toilet roll (4 pack)	£2.00		
Soap	£1.00		T A
Toothbrush	£1.50		
Laundry powder	£4.00		
Chair	£15.00		
Bin	£5.00		
Scented candle	£6.00		
Soft toy	£5.00		
Picture frame	£6.00		
Gaming headset	£20.00		
TV	£250.00		
Bluetooth speaker	£25.00		
Can of energy drink	£2.50		
Makeup set	£12.00		
House plant	£7.00		

## Reflection questions/talking points

- Which items did you choose first?
- Did you pick any treats or luxuries? Why?
- · What was hardest to leave out?
- How would you feel if you only had money for essentials?
- How can fundraising help people have the things they need?

